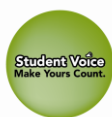


CAMPUS RECREATION for STUDENTS SURVEY HIGHLIGHTS

2010 Student Affairs' Student Voice Survey Results

Student Voice Survey Report #4



Student Affairs periodically conducts surveys about issues which impact students. In April 2010 Student Affairs conducted four surveys utilizing Student Voice, an entity which develops surveys in partnership with national experts. The surveys assess students' perceptions and experience, providing comparative data with national respondents. Every currently registered Evergreen student was randomly selected to participate in one of the four surveys, and upon completion of one survey they were invited to participate in another survey. Total response rate across all surveys was 38%. Overall, the respondents were similar to the Evergreen student population, with females and upper-class students responding at a higher rate. Participation was voluntary and all responses were completely confidential; the resulting data is reported only in the aggregate.

This report highlights some results from the **Campus Recreation Survey**. The survey had 683 respondents (403 students and 280 faculty and staff); following are the results from **student respondents**.

We welcome questions or comments. Please direct them to [Michael Sledge](#) or [Wendy Endress](#), Co-Chairs of the Student Affairs Assessment Initiative.



Facility Use & Perception

Some of the 68% of students who utilize the CRC also indicated that facilities and programs were moderately or very important to them...

recreation facilities in deciding to attend Evergreen	40%
recreation programs in deciding to attend Evergreen	28%

recreation facilities in deciding to continue at Evergreen	55%
recreation programs in deciding to continue at Evergreen	41%

recreation, sports, and/or fitness activities prior to enrolling at Evergreen	55%
recreation, sports, and/or fitness activities be to you after you leave Evergreen	75%

maintaining a healthy lifestyle prior to enrolling	77%
maintaining a healthy lifestyle after they leave Evergreen	96%

Of 255 respondents, 65% were cardio equipment users, 60% used the pool, 41% participated in open recreation, and 39% were engaged in racquet sports.



Benefits of Recreation

Students report that they have increased or improved in the following due to their participation in recreation

93%	overall health
92%	feeling of well-being
91%	fitness level
90%	physical strength
89%	athletic ability
88%	stress management
86%	increased self confidence
82%	balance and coordination
80%	ability to get a good night's sleep



Students report that they somewhat or strongly agree that participating in recreational programs has...

- 75% contributed to the quality of life at Evergreen
- 64% expanded my interest in staying fit and healthy
- 57% provided me with skills/abilities that I will use after college



60% report that their recreational needs are met and 77% would recommend recreational programs to others

If you were improving/expanding recreation facilities, which of the following would be important to you?

- 45% mind/body offerings
- 42% expand outdoor or seasonal activities
- 39% ropes course
- 38% additional cardio equipment
- 37% personal training
- 35% juice bar/food service
- 33% additional strength equipment
- 33% additional aquatic offerings
- 33% climbing wall

Which of the following factors, if any, impede your use of campus recreation facilities, programs, and/or services?

- 45% no time
- 39% not aware of offerings
- 27% programs not offered at convenient times
- 29% hours of operation are not convenient
- 18% facilities are too outdated

Students learn about what is happening in Recreation in several ways

- 54% word of mouth
- 37% posters or flyers
- 26% college web page



Which of the following recreational facilities do you currently use?

- 73% outdoor
- 41% community parks and recreational facilities
- 37% regional and national parks
- 22% home equipment

Overall students report satisfaction with the amount of indoor and outdoor recreation space; the location, maintenance, and cleanliness of the recreation facilities; and the safety of the environment. Slightly more students were satisfied than dissatisfied with the following: availability of equipment, pool hours of operation, aquatics programs, and how effectively activities are promoted.