

If You Don't Have Insurance:

SeaMar CHC-Thurston Walk-In Clinic

(See Urgent Care Clinic listing)
Sliding scale based on income

The Olympia Free Clinic

(360) 529-1937
108 State Ave NW, Olympia, WA 98501
(drop in appointments, first come basis)
Acute Care: Wednesday, 5:30pm to 8:00pm
Women's Health: 2nd Monday each month, 6-8pm

Olympia Union Gospel Mission

(Dental and Vision only)
(360) 943-6400
309 Washington St NE, Olympia, WA 98501
M-F 8am-4pm
Call for initial screening and to schedule appointments.

Apple Health (Medicaid in WA) has 5 plans:
Amerigroup, Community Health Plan (CHP), Coordinated Care, Molina and United Healthcare Community Plan.

If You Have Insurance and Need To Be Seen By a Community Provider:

Locate your insurance card and see if you have a designated **Primary Care Provider (PCP)**. If you **do have a PCP**, your next step is to contact them for an appointment. Bring your insurance information/card with you.

If you **do not have a PCP**, contact the insurance provider by phone or check on the internet.

1. Determine if you need a Primary Care Provider (PCP) in order to use your insurance.
2. Determine if you need a PCP referral for specialty care or if you can self-refer.
3. From the insurance provider's web-list, select a PCP and/or specialist. You could compare provider options to our referral list and see if there is a local provider who accepts your insurance.
4. Contact them for an appointment and be sure to bring your insurance information/card with you.

If you have followed these steps and still need additional help, call or visit **STUDENT WELLNESS SERVICES** (360) 867-6200 to schedule a care coordination visit.



the evergreen
state college

STUDENT WELLNESS SERVICES

SEMINAR I, Room 2100

360-867-6200

<http://www.evergreen.edu/health>

HOURS:

Monday 10 am - 5 pm

Tuesday 10 am - 5 pm

Wednesday 1 pm - 7 pm

Thursday 10 am - 5 pm

Friday 9 am - 1 pm

(Closed 12 - 1 pm, Mon - Thurs for lunch)

Services include:

Counseling

- Evaluation and referral appointments
- Short-term Brief Individual Counseling
- Groups
- Workshops
- Referrals/Care Coordination
- The Seven Challenges Program

Medical

- Acute care (i.e. colds, flu)
- Evaluation and Referral
- Sexual and Reproductive Health
- Travel & Immunizations
- Medication/herbal consults

Office of Sexual Violence Prevention and

Response offers a confidential starting point for students affected by sexual assault, relationship violence, stalking, and related concerns. OSVPR offers a place to discuss experiences and receive support.

Title IX a federal civil rights law prohibiting sex discrimination, including sexual violence, in education. Title IX protects any person regardless of their real or perceived sex, gender identity, or gender expression. If you would like to report sex discrimination, contact the Title IX Coordinator at: titleixcoordinator@evergreen.edu

AFTER HOURS MEDICAL CARE & COMMUNITY REFERRALS

In a true **emergency** on campus
(severe difficulty breathing, chest
pain, serious bleeding or injury) call
9-911 from a campus phone or dial
911 from your cell phone.



EMERGENCY ROOMS

Providence St. Peter's Hospital

(360) 493-7289
413 Lilly Rd. NE
Olympia, WA 98506
A comprehensive, regional hospital.
Financial services may be available through
the business office/financial counselor. Please
tell ER staff when you check in that you need
financial assistance.

Capitol Medical Center

(360) 956-2590
3900 Capitol Mall Drive SW
Olympia, WA 98502
They do not take mental health or psychiatric
emergencies.



URGENT CARE CLINICS

Always call first to make sure they take your insurance

West Care Clinic (360) 357-9392
Mon - Fri 8am - 8pm Sat/Sun 9-5 3.5 mi.
3000 Limited Lane NW; Olympia, WA 98502
(Bus Route #48 from TESC)

Indigo Urgent Care (360) 763-7515
7 days a week 8am-8pm 3.7 mi.
345 Cooper Point Rd. NW, Olympia, WA 98502
(Bus Route #48 from TESC)

Providence Immediate Care (360) 486-6710
M-F 8am - 8pm Sat/Sun 9am - 5pm 4.4 mi.
1620 Cooper Point Road SW; Olympia, WA 98502
(Bus Route #48, transfer to #44 at Safeway)

Tumwater Family Practice Walk-in 8.1 mi.
(360) 754-6367 M-F 3pm-8pm
150 Dennis St SW; Tumwater, WA 98501
(Bus Route #13 from the downtown station)

U.S. HealthWorks (360) 455-1350
M-F 8am - 7pm Sat 9 - 4 9.4 mi.
3928 Pacific Ave SE; Lacey, WA 98503
(Bus Route #66 from downtown station)

Sea Mar CHC-Thurston Walk-In Clinic
(360) 742-5000 9.5 mi.
M-Sun 11am-10pm
205 Lilly Rd. NE; Olympia, WA 98506
(Bus Route # 60, 62 A & B from the downtown station)

Kaiser Permanente (360) 923-7740
M-F 8am - 11pm Sat/Sun 9 - 5 10.9 mi.
700 Lilly Road NE; Olympia, WA 98506
24-hour Consulting Nurse Phone: 1-800-297-6877
(Bus Route # 60 from downtown bus station)

Rapid Orthopaedic Care (360) 754-7622
7 days a week 10am-7pm 4.3 mi.
3901 Capital Mall Dr. SW, Olympia, 98502
(Bus Route #48, transfer to #44 or #47 at Safeway)

REPRODUCTIVE HEALTH CARE

Complete Women's Health Care*

(360) 754-9409
200 Lilly Rd. NE, Suite B-2
Olympia, WA 98506
Manages hormone therapy for all. Accepts most private insurances and some Apple Care.

Olympia Obstetrics & Gynecology

(360) 413-8413
615 Lilly Rd NE Suite 200
Olympia, WA 98506
www.olyobgyn.com

Planned Parenthood of the Great Northwest

(360) 754-5522
402 Legion Way Suite 201
Olympia, WA 98501
Can schedule online: Plannedparenthood.org
Sliding scale based on income
Take Charge provider

South Sound Women's Center

(360) 705-1259
3920 Capital Mall Drive SW, Suite 400
Olympia, WA 98502



PHYSICIAN REFERRAL & SERVICES

Capitol Medical Center

This service can provide physician referrals.
1-888- 633-5101

Providence Referral: www.providence.org

PRIMARY CARE CLINICS

(listed in alphabetical order)

Capital Eastside Family Practice

(360) 943-5127
1100 Eastside SE
Olympia, WA 98501



Capital Family and Sports Medicine*

(360) 709-9500
2960 Limited Lane NW Ste A
Olympia, WA 98502
Accepts most private insurance and AppleCare

Complete Women's Health Care*

(see listing under Reproductive Health Care)

Providence St. Peter Family Medicine*

(360) 493-7230
525 Lilly Rd. NE
Olympia, WA 98506
Accepts all insurances. Patients are seen by Family Practice residents. Providence Travel clinic also available here.

Heritage Family Medicine

(360) 704-2362
3333 Harrison Avenue NW
Olympia, WA 98502

Olympia Family Medicine

(360) 596-4899
3920 Capital Mall Drive, Suite 200
Olympia, WA 98502

OlyMed Family Wellness Center

(360) 753-0396
1603 Cooper Point Rd. NW
Olympia, WA. 98502

Providence Family Medicine East

(360) 486-6777
525 Lilly Rd, NE, Ste 250
Olympia, WA. 98502

Providence West Olympia Family Medicine

(360) 486-6710
1620 Cooper Point Road, SW
Olympia, WA 98502

SeaMar Community Health Center

(360) 704-2900
3030 Limited Lane NW
Olympia, Washington 98502-2704
Sliding scale based on income, all insurances accepted

Tumwater Family Practice

(360) 754-6367
150 Dennis St
Tumwater, WA 98501
Open 7 days per week.

Valley View Community Health

360-236-7166
Olympia Medical & Dental
3775 Martin Way E Suite A
Olympia, WA 98506
Medical coupons accepted, insurance and limited income Fees: Sliding scale fees

Vantage Physicians

(360) 438-1161
3703 Ensign Rd, NE, Ste 10A
Olympia, WA 98506
Primary Care, \$95 monthly fee for 24 hr/7d access and care. No insurance.

UW Neighborhood Olympia Clinic

(360) 507-9100
3525 Ensign Rd NE, Suite B
Olympia, WA 98506
Open Mon - Sat



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QUEER & TRANS* COMPETENT HEALTHCARE

SafeZONE



Julie Dybbro, ARNP (She/Her)

@ Complete Women's Health Care*

Jamie Nixon, PA-C (She/Her)

@ Capitol Family & Sports Medicine*

Providence St. Peter Family Medicine*

(multiple providers available)

Transgender Lilly Clinic*

Diana Currie MD, Director (She/Her)
@ Providence St. Peter Family Medicine
Appointment: 360-493-4015
525 Lilly Rd NE, Olympia WA 98506

Referral from Primary Care Provider needed for appointment here.

DERMATOLOGY

Dermatology and Allergy Specialists of Olympia

(360) 413-8760
304 W. Bay Dr. N.W., Suite 301
Olympia, WA 98502

Olympic Dermatology and Laser Clinic

(360) 459-1700
424 Lilly Road NE
Olympia, WA 98506

EAR NOSE THROAT and/or ALLERGY & IMMUNOLOGY

Dermatology & Allergy Specialists of Olympia

(360) 413-8265
703 Lilly Rd, Suite 103
Olympia, WA. 98506

ENT Associates

(360) 357-6314
128 Lilly Rd NE
Olympia, WA 98501

