



# ***The Evergreen State College Challenge Course Welcome Packet***

Thank you for your challenge course reservation! We are excited to guide you in a day of teambuilding, self-discovery, and fun. Please ensure that your group is prepared with the following items:

- Snacks** (in order to maintain energy, please consider any dietary needs of your group)
- Lunch** (for those participating 4 and 7 hour facilitations; you will have 30 minutes for lunch unless otherwise noted).
- Plenty of water** (we recommend re-usable water containers in order to minimize waste)
- Insect Repellent** (especially during the summer)
- Sunscreen** (most activities will be conducted in the forest; however, we frequently begin in an open field)
- Closed toed shoes** (these are mandatory; sandals, flip flops, and other non-closed toes shoes are not allow; tennis shoes or hiking boots are preferred)
- Comfortable clothing** (athletic clothing that allows for movement and can get a little dirty is ideal)
- Completed liability waivers** (one for each individual person; individuals under the age of 18 will not be allowed to participate without a liability waiver signed by their parent or legal guardian)

Additional considerations:

- If weather jeopardizes the safety of the participants the reservation may be moved to an indoor location, rescheduled, or canceled.
- Please leave all jewelry at home or in your vehicle (these items can get caught in the challenge course elements, or fall on other participants from the high elements).
- Individuals with long hair should ensure they have an item (hair band, bobby pin, barrette, etc.) with which to tie their hair back.
- Please be aware that our harnesses expand to a maximum of 44 inches in order to maintain a safe weight limit of 300 lbs.
- Refer to map on following page for campus directions:
  - o Pick up parking pass (\$3.00 per vehicle) at parking booth on McCann Plaza Drive NW, indicated by **RED** arrow. Parking is free on weekends
  - o Meet on the bleachers next to the soccer field, indicated by the **GREEN** arrow.
- After you have parked, cross Firewood Lane and continue down the path towards field number 3; turn right at your first intersection (by field number 3) and follow the dirt road to the bleachers.

