



Fall 2010 Quarterly Report

This is the third full year that the CARE Network office is serving the Evergreen community.

I. Office Location:

The CARE Network moved from Lib 2706 to a new location on October 15th, 2010. The office is now located in the Public Service Center of Seminar Two, in Room E 2129.

II. CARE Members:

There were 15 active CARE members during Fall quarter 2010.

At this time CARE Network members are predominantly staff members of *The Evergreen State College*. During Fall quarter 2010 the volunteer base had the following demographics: one undergraduate student, one Adjunct Faculty member, one Administrative Faculty member, ten Staff members, one Student-Temporary Staff member (graduate level), and one Student-Intern (undergraduate level).

Changes in the CARE Network member base during Fall quarter were as follows: the CARE Network welcomed it's first student intern; one member asked to be paused at the end of Fall quarter (until further notice); and the Network received one *New Volunteer Application*.

III. Office Hours:

The CARE Network office was open during all weeks of the quarter. During Evaluation week services were available by appointment only, and during Winter Break services were paused completely.

The office was staffed 24 hours each week of full operation. Each member staffed one hour per week or two hours every two weeks, depending on what worked best for the member's schedule. The exception was the Student Coordinator and the Student Intern who both staffed more hours per week.

The office schedule for Fall quarter was:

Monday 11 am to 3 pm; Tuesday 11 am to 5 pm; Wednesday 11 am to 3 pm; Thursday 11 am to 5 pm; and Friday 11 am to 3 pm.

A sign-in sheet was used to track shift coverage and client usage. There were occasions of uncovered office hours due to absence and/or inability to find a shift cover.

IV. Client Usage:

There were 36 recorded occasions when the CARE Network office was used as an information, referral, or directory resource during Fall quarter. Of the total contacts, 18 were sit-down counsel occasions which included reports.

The following is the distribution of all usage across the open office hours:

*Some reported occasions not indicated as communication was through email not the office.

Monday

11-12 pm: 5 clients (1 including a report)

12-1 pm: 1 client (including a report)

1-2 pm: 1 client

2-3 pm: 5 clients (3 including a report)

Tuesday

11-12 pm: 0

12-1 pm: 1 client

1-2 pm: 2 clients (1 including a report)

2-3 pm: 0

3-4 pm: 0

4-5 pm: 0

Wednesday

11-12 pm: 3 clients (1 including a report)

12-1 pm: 2 clients

1-2 pm: 2 clients (1 including a report)

2-3 pm: 4 clients (1 including a report)

Thursday

11-12 pm: 4 clients (1 including a report)

12-1 pm: 1 client (including a report)

1-2 pm: 3 clients (1 including a report)

2-3 pm: 0

3-4 pm: 0

4-5 pm: 0

Friday:

11-12 pm: 2 clients (1 including a report)

12-1 pm: 1 client

1-2 pm: 0

2-3 pm: 0

The types of issues included in the 18 reported sit-down counsel occasions, and the frequency are as follows:

Within academic program

Anxiety connected to school work: 1
Academic concern- being dropping from class: 1
Conflict with fellow students: 2
Conflict with Faculty: 1
Request for CARE Network presentation in-class: 1

Outside of academic program

Landlord/Tenant conflict: 1
Concern for friend's/roommate's wellbeing: 2
Campus safety and access concern: 1
Counseling resources: 1
Stress: 1
Accusation of sexual assault: 1
Mediation request: 2
Uncomfortable on campus due to general sense of anti-Semitism: 2
Disturbance on campus due to pro-life protester images: 1

The demographics of the client's information in the 18 reported contacts are as follows:

*These numbers were rounded to even numbers, and do not add up to 100. Also, data is contingent on the information provided by clients.

Client demographics

Student: 84%
(There were 5 specific student years indicated, including: 1 Graduate, 1 Sophomore, 1 Junior, and 1 Senior year student).
Faculty: 6%
Staff: 5%
Other: 5%

African American: 5%
White: 28%
No racial or ethnic identity indicated: 67%

Female: 61%
Male: 17%
No gender indicated: 22%

Alleged Respondents demographics:

**Applicable to 5 of the reports*

Student: 60%

Faculty: 40%

No racial or ethnic identity indicated: 100%

Female: 20%

Male: 20%

No gender indicated: 60%

V. Trainings and Workshops:

One CARE Network member training and one all-campus training were completed in Fall Quarter.

CARE Network Member Training:

The CARE member training was facilitated by Leslie Johnson from Evergreen's Counseling Center. She provided a 50 minute session which focused on Crisis identification, response, and triage. And an in-depth explanation of the services available through the Counseling Center was also included. There were eight CARE Network members in attendance.

All-Campus Workshop:

The Dispute Resolution Center of Thurston County facilitated the all-campus training on Thursday Nov. 4th, 1 to 5 pm. This was a four-hour training focusing on communication skills and conflict resolution. There were 20 participants; the demographics from those who signed in were: 9 students, 7 staff, and 1 faculty member.

"O" Week workshops:

The CARE Network facilitated two workshops for Evergreens' *Orientation Week* 2010. Both sessions of this workshop were two hours long and included information on: the CARE Network, resources on campus, resources in the community, information on understanding conflict, mediation, anger arousal, and personal values, as well as skill building exercises in conflict resolution skills.

"O" Week workshop held on Sep. 23rd – facilitated by Tina Schubert and John McLain; there were five participants (4 students and one potential student).

"O" Week workshop held on Sep. 24th – facilitated by Tina Schubert, John McLain, and Andrea Olsen-Seabert; there were 4 participants (all students).

VI. CARE Network Meetings:

There were three meetings held for CARE Network members this quarter. Scheduling conflicts still present the largest difficulty for holding meetings where all members can attend.

VII. Promotion:

Promotion for Fall quarter included the following:

- Removed radio promo on KAOS 89.3 due to increased confusion of services from Olympia community in general
- Weekly email announcements via TESC Crier for both the CARE Networks services, and CARE Network events and workshops
- Hallway signage in the Public Service Center
- Tabling at the Academic Fair
- Completed three in-program announcements (Class RAP's)
- Added the CARE Network to the online campus directory
- Added *Volunteering*, *CARE Network Members*, and *Workshops* page to the CARE Network web-site
- Flyers and posters dispersed throughout campus all quarter
- Created new window stickers for CARE Network members for in-office display
- Purchased a vinyl banner for service promotion while tabling and for display in the CARE Network office windows
- Created a workshop banner for display on campus throughout winter quarter
- Tabling in the CAB Building

VIII. Event Request:

Last winter the CARE Network was requested to attend the Latino Youth Summit, while 3 members were trained and ready to attend the 2010 Latino Youth Summit but the event was canceled due to weather.