

**CAMPUS RECREATION for EMPLOYEES SURVEY HIGHLIGHTS**  
**2010 Student Affairs' Student Voice Survey Results**  
Student Voice Survey Report #5

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Student Affairs periodically conducts surveys about issues which impact students. In April 2010 Student Affairs conducted four surveys utilizing Student Voice, an entity which develops surveys in partnership with national experts.

This report highlights some results from the Campus Recreation Survey for which **faculty and staff was also surveyed**. The survey had 683 respondents (403 students and 280 faculty and staff). The following are the results from the 280 faculty and staff respondents; of these respondents 62% were women and 76% were white. Participation was voluntary and all responses were completely confidential; the resulting data is reported only in the aggregate.

We welcome questions or comments. Please direct them to [Michael Sledge](#) or [Wendy Endress](#), Co-Chairs of the Student Affairs Assessment Initiative.

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### **Facility Use & Perception**

**Of 117 respondents who indicated they utilized college recreation facilities**

- 67% used the pool
- 58% were cardio equipment users
- 57% engaged in weight training or used free weights
- 32% participated in instructor-led fitness or exercise classes
- 24% were engaged in racquet sports
- 16% participated in open recreation



### **Benefits of Recreation**

**Faculty and staff report that they have increased or improved in the following due to their participation in recreation**

- 99% feeling of well-being
- 97% overall health
- 94% physical strength
- 89% athletic ability
- 93% stress management
- 92% weight control
- 88% balance and coordination
- 84% concentration
- 83% ability to get a good night's sleep



**Faculty and staff report that they somewhat or strongly agree that participating in recreational programs has...**

- 87% contributed to the quality of life at Evergreen
- 71% expanded my interest in staying fit and healthy



59% report that their recreational needs are met and 69% would recommend recreational programs to others

If you were improving/expanding recreation facilities, which of the following would be important to you?

- 43% additional cardio equipment
- 35% additional strength equipment
- 33% personal training
- 30% multipurpose rooms for group fitness and other classes
- 30% mind/body offerings
- 28% additional aquatic offerings
- 26% expand outdoor or seasonal activities

Which of the following factors, if any, impede your use of campus recreation facilities, programs, and/or services?

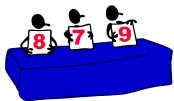
- 34% no time
- 32% use facilities off campus
- 26% programs not offered at convenient times
- 26% hours of operation are not convenient
- 26% lack of quality facilities
- 26% facilities are too outdated
- 22% price/not affordable



Which of the following recreational facilities do you currently use?

- 72% outdoor
- 38% regional and national parks
- 37% community parks and recreational facilities
- 36% home equipment
- 32% local health clubs

## Satisfaction



Overall respondents reported **satisfaction** with the safety of the environment; availability of fitness equipment; number of weight machines, free weights, and cardio equipment; availability of facilities; location; amount of indoor and outdoor recreation space; hours of operation during the week; and cleanliness of the pool.



Slightly more respondents were satisfied than dissatisfied with the cleanliness of the facility, hours for the pool, aquatics programs, and availability of the pool for different types of aquatics programs.



Respondents were generally **dissatisfied** with the maintenance of the facilities, maintenance and cleanliness of the fitness equipment, cleanliness of locker rooms, and hours of operation during the weekend.